



ARLA
FOOD
FOR
HEALTH

Arla Food for Health Conference 2021

Open scientific session

Arla food for Health is an equal public private research partnership between Aarhus University, University of Copenhagen, Arla Foods Ingredients and Arla Foods amba.

AFH seeks to understand health effects of dairy products and dairy ingredients, and supports research within Metabolic health, Gastro-intestinal health, Healthy growth and development, and Nutrition research, as specified in the research strategy (<https://arlafoodforhealth.com/>).

In 2021, the conference takes place September 29th. As a new initiative, we have organized a session that is open for all researchers. The session will be broadcasted online. A limited number of seats are available for physical attendance and will be assigned on a first come, first serve basis. Conference venue: Sønderhøj 14, Viby **or** Arla Innovation Centre, Agro Food Park 19, Aarhus. Online Teams link will also be available.

Central European Time (CET)

13:50-14:00 Welcome to the open AFH session

Director Anne Louise Mørkbak, Arla Food for Health, Denmark

14:00-14:40 Dairy in personalized sustainable diets

Professor Rikard Landberg, Chalmers University of Technology, Sweden

14:40-15:10 Milk proteins as regulator of obesity through modification of energy metabolism and gut microbiota

Professor Karsten Kristiansen, University of Copenhagen, Denmark

15:10-15:35 Break

15:35-16:05 Effects of Dairy Foods on Obesity and Cardiometabolic Health: Time to Move Beyond Single Nutrients (online)

Professor Dariush Mozaffarian, Tufts University, MA, USA

16:05-16:35 Designing biofunctional dairy foods: matrix structure of dairy products in relation to lipaemia

Associate Professor Marianne Hammershøj, Aarhus University, Denmark

Registration

By email to abmoe@arlafoods.com

Deadline September 14th Please indicate if you are interested in physical attendance.